



Judy Cohen, ACC

Background

Ms. Cohen is an executive coach and organizational and management consultant that works with both individuals and teams in the areas of leadership and performance improvement. As an experienced corporate executive, Judy has an understanding of and appreciation for the multitude of skills needed to lead organizations and teams, overcome business challenges, and achieve career success in our complex and changing world.

Judy's work builds on her decades-long career in information technology where she led major transformative programs and projects. Her multi-disciplinary background in business, technology and organizational development informs her coaching, consulting, and training. Having worked over 20 years as a Federal Government contractor and previously as a government employee, she has a deep understanding of and appreciation for government agency cultures and what it takes to be successful in those organizations.

Ms. Cohen is energized around unleashing a team's potential in terms of productivity and innovation. She works with teams to increase communication and collaboration in support of achieving team goals. Judy's coaching and facilitation skills, delivered in-person and virtually, enable leaders and teams to thrive in terms of process and outcomes. She is a big proponent of creating positive workplaces where employees feel a sense of accomplishment and meaning.

Education

Ms. Cohen is a graduate of Georgetown University's Leadership Coaching Program. She received a Master of Science degree in Organizational Development from American University and holds a Bachelor of Science in Mathematics from University of Albany – SUNY.

Experience

Ms. Cohen provides leadership coaching, management and organizational development consulting, training and facilitation to government agencies and private sector and nonprofit organizations. Beginning her career as a programmer and working in a range of roles over several decades, Judy is able to leverage her work in strategy, management consulting, program and project management, systems development, change management, management and technical training, and research and development when working with clients. She connects well with technology clients, since she has extensive experience working in technology organizations and environments and has a particular interest in working with women in technology.

Judy works with leaders to maximize their impact while maintaining their authenticity. Her systems-based approach is based on achieving focus and connection at the intrapersonal, interpersonal, and organizational levels. Through self-observation and increased awareness, clients identify and clarify their higher goals, what drives them, their strengths, and what may be inhibiting from achieving results they desire. By connecting with others, clients build more positive and productive relationships, and are better able to communicate and collaborate with the diverse group of people with whom they work. Organization connection enables clients to step into their power, expand their influence and more skillfully navigate their political environment.



Building on her past experience as a training director for a professional services firm, Judy develops and teaches leadership classes for mid-career and senior leaders. She currently teaches a course in Transformational Leadership for Women, which has received wide acclaim.

Judy enjoys working with nonprofit and community organizations in the area of leadership. Her clients have included medical students, social entrepreneurs, a homeless shelter director and the executive director of a local arts organization.

Certifications

Ms. Cohen is a member of the International Coach Federation (ICF) where she is ACC certified. She also holds a Project Management Professional (PMP) certification and is a member of the Project Management Institute. She is certified in a number of leadership-related assessments including The Leadership Circle Profile and EQ-i. Judy is a Fellow at ACT-IAC, a government-industry professional organization and is a member of Women in Technology International (WITI).

Accomplishments

In 2015, Ms. Cohen received the Federal 100 award for her leadership in support of a highly-visible government program. Judy has served as an adjunct lecturer at the American University, where she received the Dean's Award for Outstanding Service, and George Mason University. Judy often speaks at conferences, professional organizations, and women's groups. In 2019, she presented a session at the Grace Hopper Celebration, the world's largest conference for women in technology with over 20,000 attendees. She given presentations to Salesforce, Nokia, Women in Technology, and Chesapeake Bay OD Network Communities of Practice on the topics of women's leadership, coaching and organizational consulting.

Judy has been a yoga practitioner for over 25 years. She enjoys being with family, walking in nature, cooking, and swimming.